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R r r L | | R r r L | | R l r r L r L r r L R R L R

- 1) This is mostly a tap-accent exercise, so make sure to keep your taps down. It's all about the contrast.
- 2) I've heard many downstroke techniques. Some people teach to squeeze the stick and release. This will NOT be how we approach downstrokes. All we need to do is simply not change the grip on an accent (leave all fingers on the stick) and the stick will stop because it will have no other place to go. As soon as you extend your fingers the stick will rebound in your fulcrum, so keep aware. When mastering this technique, it becomes much easier to develop a clean and consistent tap sound.
- 3) There is not enough time to have an exercise for every single facet of rudimental drumming, so while this is mostly tap-accent, we are also taking this opportunity to work on paradiddles, and a splash of independence.
- 4) Mark time to the quarter note.